

Futures Showcase: Run of Show							
Date: Sunday, January 19, 2025							
Time: 9:00 AM - 11:00 AM							
Location: SportZone, 6601 Coffman Rd, Indianapolis, IN 46268							
Event Schedule							
Time	Activity	Details					
8:00 AM	Player Registrations and Check-in	Players will receive camp gear, identification number and take a profile picture					
9:00 AM	Welcome and Introductions	Camp expectations and introduction of staff. Led by Camp Coordinator					
9:05 AM	Dynamic Warmup	Guided warmup session for all participants. Facilitated by Camp Coordinator					
9:15 AM	Speed and Agility Stations	Stations include drills to improve speed, footwork, and agility. Ends at 9:35 AM.					
9:35 AM	Break	5-minute hydration break.					
9:40 AM	Individual Period - Round 1	Position-specific drills focusing on skill development. Ends at 9:55 AM.					
9:55 AM	Break	5-minute hydration break.					
10:00 AM	Competition Period - Round 1	- 5v5 for OL/DL - 1v1 for Skill Players					
		Staff officiates and provides feedback during matchups. Ends at 10:20 AM.					
10:20 AM	Break	5-minute hydration break.					
10:25 AM	Individual Period - Round 2	Continuation of position-specific drills. Ends at 10:30 AM.					
10:30 AM	Competition Period - Round 2	Same format as Round 1. Focus on evaluation and feedback. Ends at 10:50 AM.					
10:50 AM	Closing Remarks	Final performance acknowledgments, takeaways, and next steps shared by Camp Coordinator					
11:00 AM	Camp Ends	Participants dismissed.					